



12 oz Beef T- Bone Steak

A to Z Portion Control Meats, Inc. has been family owned and operated for over 60 years. Our personal commitment to quality is what makes our Beef T-Bone Steaks the number one choice for many full line distributors.



Product Last Saved Date:28 November 2016

Nutrition Facts

Serving Size: 255 GRM

Number of Servings per 14

Amount Per Serving

Calories: 420 Calories from Fat: 230

% Daily Value*

Total Fat	26 g	39%
Saturated Fat	10 g	52%
Trans Fat	0 g	
Cholesterol	95 mg	32%
Sodium	1210	51%
Total Carbohydrate	0 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	43 g	

Vitamin A	Per Srv	0%	Vitamin C	Per Srv	0%
Calcium	0%		Iron	25%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protei 4

Product Specifications:

Code	GTIN	Pack	Pack Description
229	10816980002296	14 X 12 ONZ	14 pc

Brand	Brand Owner	GPC Description
A to Z Portion Control Meats, Inc.	A to Z Portion Control Meats, Inc.	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.7 LBR	10 LBR	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16 INH	9.5 INH	4.2 INH	0.3694 FTQ	10x13	274 Days	-10 FAH / 0 FAH

Ingredients :

TENDERIZED WITH PAPAIN CONTAINS UP TO 15% OF A SOLUTION OF WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SPICE.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store product frozen at 0 degrees F or below. Allow product time to temper / thaw in a refrigerated area for 1 to 2 days before cooking for best results.

Benefits :

Our Beef T- Bone Steaks will fit a wide variety of menu trends allowing you to add more flexibility to your menu. Our steaks are marinated to enhance natural flavors and texture. Each steak is individually vacuum packed, to enable you to deliver consistent portion sizes, and control cost by eliminating waste. Preparation is made easy, just temper then cook on a flat grill, or char broiler.

Serving Suggestions :

*Serve with biscuits and eggs for a country-style breakfast. *Feature a steak with fruit and a healthy salad. *Add caramelized onions, sautéed mushrooms, and a baked potato.

Prep & Cooking Suggestions :

After product has tempered / thawed begin by pre-heating a gas grill to 350 degrees F, if using charcoal wait until coals turn white, and when pan frying cook on medium high heat. Always cook product to an internal temperature of 160 degrees F.

More Information :