



3-1 Country Fried Beef Steak

A to Z Portion Control Meats, Inc. has been family owned and operated for over 60 years. Our personal commitment to quality is what makes our Country Fried Beef Steak the number one choice for many full line distributors.



Product Last Saved Date:10 April 2017

Nutrition Facts

Serving Size: 142 GRM

Number of Servings per 30

Amount Per Serving

Calories: 413 Calories from Fat: 200

% Daily Value*

Total Fat	23 g	35%
Saturated Fat	9 g	44%
Trans Fat	0 g	
Cholesterol	63 mg	22%
Sodium	1138	48%
Total Carbohydrate	34 g	12%
Dietary Fiber	1 g	5%
Sugars	0 g	
Protein	19 g	

Vitamin A	Per Srv	0%	Vitamin C	Per Srv	0%
Calcium		0%	Iron		13%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protei 4

Product Specifications:

Code	GTIN	Pack	Pack Description
385	10816890003859	30 X 5.33 ONZ	30 pc

Brand	Brand Owner	GPC Description
A to Z Portion Control Meats, Inc.	A to Z Portion Control Meats, Inc.	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.7 LBR	10 LBR	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16 INH	9.5 INH	4.2 INH	0.3694 FTQ	10x13	274 Days	-10 FAH / 0 FAH

Ingredients :

BEEF, SPICES (INCLUDING BLACK PEPPER), SALT, EXTRACTIVE OF PAPRIKA, WATER, BREADED WITH: WHEAT FLOUR, SOYBEAN OIL, SALT, LEAVENING (SODIUM BICARBONATE, YEAST) DEXTROSE, MALT SYRUP (MALTED BARELY, CORN), BATTERED WITH: WATER, WHEAT FLOUR, CORN STARCH, SALT, WHEY, EGG WHITES, LEAVENING (SODIUM BICARBONATE), PAPRIKA, EXTRACTIVES OF PAPRIKA. CONTAINS: WHEAT, MILK, EGG.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - C	Milk - C	Peanuts - MC
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Keep product frozen and store at 0 degrees F or below.

Benefits :

Our Country Fried Beef Steaks are produced to fit a wide variety of menu trends. Each patty is Individually Quick Frozen to seal in flavor and freshness. Our cutting edge equipment will ensure faster cooking time allowing product to go straight from the freezer to the fryer, or oven.

Serving Suggestions :

Serve with biscuits and gravy for a country-style breakfast. *On a bun with all the fixings and fries for a tasty sandwich platter. Add mashed potatoes and gravy for a home-style supper.

Prep & Cooking Suggestions :

Cook patties frozen. Prepare when deep frying at 360 degrees F, and in a conventional oven bake at 425 degrees F. Always cook product to an internal temperature of 165 degrees F.

More Information :